

COMPETITION 2010

Friday & Saturday, January 29 & 30

Minot State University Dome



New for 2010

New Category Name

The Dance Category has been renamed the Jazz Category. Requirements remain the same.

New JV Category

Junior Varsity teams may now compete in up to three categories: High Kick, Jazz, and Pom. Also, JV teams will be judged according to the varsity score sheets.

New Finals Requirements

Any category with six or more teams competing will also have a finals level of competition.

Approximate Schedule*

Friday, January 29, 2010

- 2:30-3:30 pm Team registration
- 3:45 pm Coach briefing
- 4:00 pm Doors open to the public
- 5:00 pm Varsity Hip Hop
- 6:00 pm Varsity & JV Jazz

Saturday, January 30, 2010

- 7:00-8:00 am Team registration
- 8:00 am Doors open to the public
- 9:00 am Varsity and JV Pom
- 10:15 am Jr High / College
- 11:30 am Varsity and JV High Kick
- 1:00 pm Parade of Athletes
Announce finalists
- 1:30 pm Break / Prop check
- 2:30 pm Finals
- 6:00 pm Awards Ceremony

*Exact times TBA in January

New Liability Release

If approved at the September board meeting, we may be requiring a signed liability release for each dancer.

Competition Rules and Regulations

Eligibility Policy

Only North Dakota school affiliated teams are eligible for NDADD membership and participation in NDADD sponsored competitions. Each team must submit an Eligibility Form at team registration certifying their school affiliation and team member roster.

Exception may be made for teams who are recognized in their community as representing their school, even though they are not officially recognized by their school as an activity. They must perform at school functions like basketball games or pep rallies, and they may not be run or directed by any for-profit individual or business. Their Eligibility Form will show an exception to the school-affiliated clause, but must still list all dancers and certify their individual eligibility to participate in extra-curricular activities at their school. The board must make prior approval of any such team.

A dancer may not be listed on more than one roster or dance for more than one team.

Competition Categories

Varsity teams may compete in up to five categories: High Kick, Jazz, Pom, Hip-Hop and Novelty. Junior Varsity teams may compete in up to three categories: High Kick, Jazz and Pom. There is no category distinction for Junior High or College teams. Please choose your category carefully according to the category guidelines.

Poms are allowed only in the Pom category. Themes, the combination of costume, music and choreography, are allowed in all categories.

All choreography must originate from active team members. Entries are limited to one team per school per category.

Competition Format

All teams compete in preliminary competition. Categories with at least six teams competing will have a finals level of competition. Preliminary round scores do not affect final round scores. Teams advancing to finals will perform the same dance(s) again. Varsity Novelty performs only in finals round.

An adult representative from the team must remain at the music table during each performance. This person is responsible for making decisions in the event of an emergency. The music will not begin without this representative.

Judging

Judges award points on a 100 point scale in prelims, and a 25 point scale in finals. Each performance is ranked based on raw judge scores. The ranks then determine the places. Judging of each performance starts when the music begins and ends when the music ends.

One place per every three teams, plus one extra place, is awarded in each category. In the event of a tie in prelims, the designated number of teams advancing to finals remains the same unless there is a tie in the final advancing position. Categories without a preliminary competition will follow the tie breaker policy for finals competition. In the event of a tie that cannot be broken in the finals round, both teams will share the place and each receive a trophy.

Rules of Competition

Any team that violates these competition rules will be disqualified from that category.

General Rules:

- Routine must be between 1:50 and 4 minutes long.
- Routine may not contain any banned moves. (See safety First section.)
- Routine performed in finals must be the same routine performed in prelims (regarding music, choreography, dancers and costumes.) Exception will be made only for injuries occurring in prelims, in which case an alternate dancer may replace the injured dancer.
- NO GLITTER in make-up or costume.
- Teams must compete with a minimum of 60% of their roster or five dancers, whichever is greater. Individual exceptions may be granted at the discretion of the Executive Board. For such exceptions, the team must be restricted by school policy, and the coach must petition the board in writing.

High Kick: Routine must contain a minimum of 48 kicks, waist high or above. A kick is counted once the whole team has completed a kick. Hard kicks, or can-can kicks, are counted every time the foot hits the peak of the kick.

Jazz: Routine may not contain linked kicks.

Novelty: Routine must make use of at least one prop. Live props not allowed.

Pom: Poms must be used 100% of the time.

Junior High: All team members must properly execute a mini-

Competition Rules and Regulations

mum of one leap and one turn. Routine must contain a minimum of 20 kicks.

Registration

- MANDATORY! Bring your signed Certification Form. This form lists your Official Member Roster and certifies that your choreography originates from active team members. You will receive this in the January mailer, or you can print it from the NDADD website.
- Participant wristbands will be distributed at registration. Teams will receive one black participant wristband for each person listed on their Certification Form. Coaches—please have your team wait on the bus while you come in alone with your Certification Form; then take your participant wristbands out to the bus. Wristbands will be checked at the door.
- Only team members are admitted at team registration. Parents and other spectators must enter through the spectator doors, which open at 4:00 p.m. Friday and 8:00 a.m. Saturday. No early admissions!

Entrances & Exits

No choreographed exits or entrances are allowed, nor are they judged. Help shorten our long day by moving quickly to your beginning spots and off the floor at the end of your performance. THANKS!

Wristbands

- All dancers, coaches, officials and spectators must wear wristbands throughout the

Appearance Policy Requirements

NO PIERCED JEWELRY—This includes all body piercings and piercing retainers. If a dancer must wear a religious medal or medic alert tag, it must be taped to the body.

NO TATTOOS—They must be covered with makeup or band-aids and not showing through sheer fabric.

NO VISIBLE UNDERGARMENTS—Bras, thongs, etc. cannot show through the uniform fabric. All parts of each team's uniform must be the same.

Penalty for an infraction of the Appearance Policy will be three (3) points per seated judge. The penalty judge will be situated on the floor to do appearance checks during prelims and finals. She notes penalties before each team takes the floor, or during the performance. Seated judges may also call a penalty if they see it from the stands during a performance. Teams who are penalized will be notified by the tabulation judge after the category.

competition. Judging will not be affected by team wristbands, even if they are visible during performance.

- Wristbands may also be pre-sold to spectators by teams before the event to speed things up at competition. Send in your wristband order form with payment by December 15.

Dressing Space

- Dressing space is very limited. Bring only what is absolutely necessary.
- Only official team members, student trainers & coaches will be allowed in the dressing area. No parents, friends, etc.
- Do not bring outside food into the building.
- A variety of nutritious foods will be available for dancers to buy.
- Don't leave valuables in your dressing area.
- Clean up your dressing area before leaving.

Safety First

These moves are banned from NDADD sponsored competition:

- Splits immediately preceded by a jump or leap
- Toe-touchers or Russian splits to a flat back, push up, or kneeling position
- Any full body drop (such as a bowling pin fall)
- Lifts above the waist—The base person must be standing or kneeling on the floor lifting another person only to the waist; this includes lifts, lift-offs or throws of a dancer above waist level.

Deadlines

Payment must be postmarked by the deadline. Competition fees postmarked between December 16-31 should include the late penalty of DOUBLE the fee.

OCTOBER 1

Membership Form & Dues
Public Relations Form

DECEMBER 1

Team photo & ads for program

DECEMBER 15

Competition Registration and fees
Wristband pre-orders and payment
Merchandise Pre-orders and payment

JANUARY 1

Scholarship Application

Make check payable to NDADD and mail to:
Marcy Feickert
601 Hillview Place
Mandan, ND 58554

For teams from bigger towns, please indicate on the check which school and what the check is for.

NDADD Fall Convention

October 10, 9:00 am-4:00 pm
West Fargo Cheney Middle School

Look for your invitation via email. Lots of useful topics, networking with other coaches. Get your season off to a great start! You won't want to miss it!

A Word about Sportsmanship

NDADD is committed to good sportsmanship. Coaches, it is our job to educate our dancers and spectators about proper performance etiquette. Tell your dancers you have high expectations for their behavior and sportsmanship. Tell your spectators to remain seated during performances as a courtesy to the performers and to other spectators, as they would during a theatrical or music performance. And while an enthusiastic audience is great to dance for, extreme noisemakers can detract from a performance, or even distract the judges. The jam session at the end of the day is for dancers only—please no friends or fans.

Music

- Music must be between 1:50 and 4 minutes long.
- CD or cassette may be used.
- Use a good quality CD or tape.
- Label CD or tape with team name, class and category.
- Adjust speed ahead of time. This cannot be done competition day.
- Your performance song should be the only thing on your CD or tape.
- Bring a backup copy of your music!

Spectator Info

Hotel and event info can be found on the NDADD website. Print the document and copy for parents of dancers.

Reduce stress!

Pay close attention to your make-up and costume before arriving at competition. Do a mock inspection to avoid last-minute scrambling.

NDADD Officer Elections

There will be no board meeting at competition. Officer elections will be conducted via postcard ballot, which teams will receive in the January mailer.

Souvenir Program Booklet

Our competition program booklet will be a full-size, full-color booklet. Each team will sell an ad to cover the cost of printing its page, so you can start looking for sponsors now. Complete information will be presented at the Fall Convention.